

# Irish Arabella

Count: 48

Wall: 2

Level: High Improver

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November 2025

Music: Arabella - Nathan Evans & SAINT PHNX

**Introduction: 16 + 32 + 10 counts**

## [1-8] ROCK & STOMP SIDE, BEHIND SIDE CROSS, ROCK SIDE, BEHIND SIDE FORWARD

1-2 Rock & Stomp RF side, Recover on LF side  
3&4 Cross RF behind LF, Step LF side, Cross RF over LF  
5-6 Rock LF side, Recover on RF side  
7&8 Cross LF behind RF, Step RF side, Step LF forward

## [9-16] STEP FORWARD, KICK BALL STEP, STEP FORWARD, STEP ¼ TURN, CROSS TOE STRUT

1 Step RF forward  
2&3 Kick LF forward, Step LF together, Step RF forward  
4 Step LF forward  
5-6 Step RF forward, ¼ turn L... Step LF side (9:00)  
7-8 Touch R toe crossed over LF, Lower R heel transferring weight on RF

## [17-24] SHUFFLE SIDE, CROSS SHUFFLE, WALK AROUND IN ¾ CIRCLE, HITCH

1&2 Step LF side, Step RF together, Step LF side  
3&4 Cross RF over LF, Step LF side, Cross RF over LF  
5-6 ¼ turn L... Step LF forward, ¼ turn L... Step RF forward (3:00)  
7-8 ¼ turn L... Step LF forward, Hitch R knee (12:00)

## [25-32] CROSS, SIDE, SAILOR HEEL, CROSS, ¼ STEP BACK, ¼ BIG STEP SIDE & DRAG

1-2 Cross RF over LF, Step LF side  
3&4& Cross RF behind LF, Step LF side, Touch R heel diagonally forward, Step RF together  
5-6 Cross LF over RF, ¼ turn L... Step RF back (9:00)  
7-8 ¼ turn L... Big step LF side, Drag RF toward LF (6:00)

**Styling : during counts 33 to 48 add hands on hips**

## [33-40] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

1&2& Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place  
3&4& Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place  
5-6 Step RF forward, ½ turn L... Step LF forward (12:00)  
7&8 Brush RF together, Hitch R knee, Cross RF over LF

## [41-48] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

1&2& Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place  
3&4& Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place  
5-6 Step LF forward, ½ turn R... Step RF forward (6:00)  
7&8 Brush LF together, Hitch L knee, Cross LF over RF

**TAG after 32 counts on WALL 2 & WALL 4 (12:00)**

## [1-8] JAZZ BOX, SIDE, TOUCH, SIDE, TOUCH

1-2 Cross RF over LF, Step LF back  
3-4 Step RF side, Cross LF over RF  
5-6 Step RF side, Touch L toe together  
7-8 Step LF side, Touch R toe together

**ENDING: after 46 counts WALL 5 replace BRUSH HITCH CROSS by STEP ½ TURN R to face (12:00) & step LF forward raise both hands in the air**

**HAVE FUN !!! 😊**

**Last Update: 1 Nov 2025**